



Daily Breakfast Menu

Selection of cereal served in 1% unflavored white milk, with 100% apple or cranberry juice to drink



Daily Lunch and Snack Menu

(Alternates every other week)

Monday	Tuesday	Wednesday	Thursday	Friday
Week A				
Lunch - Ham & Cheese on whole grain bun Corn Mandarin oranges 1 % unflavored white Milk PM Snack - Cheez-it crackers with 100% Apple or Cranberry Juice	Lunch - Chicken tenders Cucumbers Pears Whole Grain bread/roll 1 % unflavored white Milk PM Snack - Whole grain crackers & pepperoni with 100% Apple or Cranberry Juice	Lunch - Spaghetti with Meatballs Salad Diced peaches Whole grain roll/bread 1 % unflavored white Milk PM Snack - Goldfish crackers with 100% Apple or Cranberry Juice	Lunch - Chicken Nuggets Celery Pineapple Whole grain roll/bread 1% unflavored white Milk PM Snack - Veggie straws with 100% Apple or Cranberry Juice	Lunch - Hamburgers on Whole Grain Bun Carrot Sticks Pickle Applesauce 1 % unflavored white Milk PM Snack -White Cheddar puffs with 100% Apple or Cranberry Juice
Week B				
Lunch - Chicken patty on Whole Grain Bun Celery Mixed Fruit 1% unflavored white Milk PM Snack - Graham Crackers with 100% Apple or Cranberry Juice	Lunch - Sausage and Pancakes Carrot sticks Mandarin Oranges Whole Grain bread/roll, 1% unflavored white Milk PM Snack - Pretzels with 100% Apple or Cranberry Juice	Lunch - Hamburgers on Whole Grain Bun Buttered Potatoes Diced Peaches Pickles 1% unflavored white Milk PM Snack - Apple slices with peanut butter with 1% unflavored white Milk	Lunch - Maccaroni and Cheese Cucumbers Pineapple Whole grain bread/roll 1% unflavored white Milk PM Snack -Whole grain Wheat thins with 100% Apple or Cranberry Juice	Lunch - Chicken Nuggets Corn Applesauce Whole Grain bread/roll, 1 % unflavored white Milk PM Snack Animal crackers with 100% Apple or Cranberry Juice